

COLLINSVILLE HIGH SCHOOL CONSENT TO RANDOM DRUG TESTING

IHSA PERFORMANCE-ENHANCING SUBSTANCE TESTING POLICY

- Illinois state law prohibits possessing, dispensing, delivering, or administering a steroid in a manner not allowed by state law.
- Illinois state law also provides that body building, muscle enhancement or the increase in muscle bulk or strength through the use of a steroid by a person who is in good health is not a valid medical purpose.
- Illinois state law requires that only a licensed practitioner with prescriptive authority may prescribe a steroid for a person.
- Any violation of state law concerning steroids is a criminal offense punishable by confinement in jail or imprisonment in the Illinois Department of Corrections.

STUDENT ACKNOWLEDGEMENT AND AGREEMENT

As a prerequisite to participation in IHSA athletic activities, I agree that I will not use performance-enhancing substances as defined in the IHSA Performance-Enhancing Substance Testing Program Protocol. I have read this form and understand that I may be asked to submit to testing for the presence of performance-enhancing substances in my body, and I do hereby agree to submit to each testing and analysis by a certified laboratory. I understand that testing may occur during selected IHSA state series events or during the school day. I further understand and agree that the results of the performance-enhancing testing may be provided to certain individuals in my high school as specified in the IHSA Performance-Enhancing Substance Testing Program Protocol which is available on the IHSA website at www.IHSA.org. I understand and agree that the results of the performance-enhancing substance testing will be held confidential to the extent required by law. I understand that failure to provide accurate and truthful information could subject me to penalties as determined by IHSA or Collinsville Unit # 10 School District.

PARENT/GUARDIAN CERTIFICATION AND ACKNOWLEDGEMENT

As a prerequisite to participation by my student in IHSA athletic activities, I certify and acknowledge that I have read this form and understand that my student must refrain from performance-enhancing substance use and may be asked to submit to testing for the presence of performance-enhancing substances in his/her body. I understand that testing may occur during selected IHSA state series events or during the school day. I do hereby agree to submit my child to such testing and analysis by a certified laboratory. I further understand and agree that the results of the performance-enhancing substance testing may be provided to certain individuals in my student's high school as specified in the IHSA Performance-Enhancing Substance Testing Program Protocol which is available on the IHSA website at www.IHSA.org. I understand and agree that the results of the performance-enhancing substance testing will be held confidential to the extent required by law. I understand that failure to provide accurate and truthful information could subject my student to penalties as determined by IHSA or Collinsville Unit # 10 School District.

CHS DRUG TESTING POLICY

I have read the Collinsville High School Athletics Drug Testing Policy for student participants in the CHS Student Handbook. I understand and agree to the said policy and procedures. I understand the possibility of being subjected to drug testing as a condition of participation in interscholastic athletics. I understand that if I disobey the rules I will be excluded from the opportunity to participate in interscholastic athletics as provided in the District's policy and procedures. I also give the drug testing facility permission to discuss all test results with the proper Collinsville High School personnel.

Signature of Parent/Guardian

Signature of Student

Date

Date

Printed Name

Printed Name

SPORT(s) – Please list all CHS sports the student will participate in during the year:



2010-11 IHSA Banned Substances

The IHSA bans the following classes of substances:

- a. Stimulants
- b. Anabolic Agents
- c. Diuretics and Other Masking Agents
- d. Peptide Hormones and Analogues

Note: Any substance chemically related to these classes is also banned.

The member school and the student-athlete shall be held accountable for all substances within the banned substance class regardless of whether they have been specifically identified.

Substances and Procedures Subject to Restrictions:

- a. Manipulation of Urine Samples.
- b. Caffeine if concentrations in urine exceed 15 micrograms/ml.

IHSA Nutritional/Dietary Supplements Warning:

➤ **Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff!**

Dietary supplements are not well regulated and may cause a positive substance test result.

In other programs that test for the same substances as the IHSA's programs, student-athletes have tested positive and lost their eligibility using dietary supplements.

Many dietary supplements are contaminated with banned substances not listed on the label.

Any product containing a dietary supplement ingredient is taken at your own risk.

It is your responsibility to check with athletics staff before using any substance.

Some Examples of IHSA Banned Substances in each class

NOTE: There is no complete list of banned substance examples!!

Check with your athletics department staff or the Resource Exchange Center (REC) to review the label of any product, medication or supplement before you consume it!

Stimulants: amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); etc.
exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents: boldenone; clenbuterol; DHEA; nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

Diuretics and Other Masking Agents: bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

Peptide Hormones and Analogues: human growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

Any substance that is chemically related to the class of banned substances, unless otherwise noted, is also banned!

NOTE: Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec password Illinoishs.

It is your responsibility to check with your athletics staff before using any substance.